

Rookie Division Rules:



The Rookie Division is a non-competitive program focused on fun, fitness, and fundamentals, where players ages 4-5 are first introduced to the basics of baseball. The season will consist of 10 regular season games. These players should all be new to baseball.

The Little League “Green book” shall be used in all games except where rules are in direct conflict with the amendments listed. CLLLB rules listed supersede “green book rules”

[Rulebook App - Little League](#)

The rookie division will follow all applicable Crystal Lake Little League rules.

League Wide Safety and Equipment Rules

1. NO metal cleats.
2. USA Bats only. Bat barrels can not exceed 2 $\frac{5}{8}$ ” and must meet little League standards.
<https://www.littleleague.org/playing-rules/bat-information/>
3. Facemasks on helmets are not required, but are recommended for all rookie, A, and AA players.
4. League will provide extra helmets for each team- no player can swing a bat at any time (practice or games) without a helmet.
5. All players must wear their helmet until they leave the field and enter the dugout; a player removing his/her helmet prior to exiting the field can be called out.
6. Any player using a bat at practice or a game must wear a helmet.
7. All helmets must be NOCSAE approved
8. All boys must wear a protective cup for games & practices. NO CUP= NO participation NO EXCEPTIONS!
9. No “On Deck” batters are allowed at any time. Players must remain in the dugout until their turn to bat. Hitting sticks or other training tools are not allowed during games.
10. Pre-game warmups should not take place on the infield until the home team takes the field.

11. Both teams are responsible for setting up the fields before the game and ensuring everything is locked and cleaned up afterwards.
 - a. See list of field prep/cleanup
12. Only the manager and approved coaches with a completed background check will be allowed on the field or in the dugouts at any time. If coaches are added during the season, their name and contact must be given to the safety and a background check must be completed before participation.
13. A manager and up to 3 approved/background checked assistant coaches are allowed inside the dugout or on the field during a game.
 - a. Anyone on the field or in the dugout must be named as an assistant to the board
 - b. Anyone on the field or in the dugout must be named as an assistant to the board and have a background check completed before stepping on the field.

League Wide Rainout/Cancellation policy

14. If no league decision has been rendered, the ability to play a game based on field conditions and safety must be decided by both managers. If no agreement is reached, consult with the division VP. (Games should be played when scheduled, if possible.)
15. Canceled or suspended games must be reported immediately to the division vp and executive vp.
16. The league reserves the right to postpone, cancel, reschedule any game at its discretion.
17. A game will be suspended and all players, parents and coaches must leave the field to the protection of their vehicles when any adult sees lightning, the act of seeing lightning overrides the audible warning system.
18. Teams can not return to the field until after 20 minutes of no lightning and/or the all clear is sounded.
19. Suspended games will pick up where they were stopped including batter counts.
20. For individual game cancellations or suspension, coaches will work together to come up with a list of dates that might work. Coaches should then send those dates to the Executive VP and Division VP who will assign a field and a final date based on umpires and field availability.
21. When the league makes the decision to cancel games, the league will reschedule all games from that day and let coaches know of the new game date.

Equipment & Field Set up

22. A Level 5 safety ball will be used.
23. Bases will be 60 feet.
24. All games will be a maximum of 4 innings with no new inning starting after 60 minutes of play.
25. Each half inning ends when all batters in the lineup have completed their at bat.
26. No umpires will be used.
27. Base runners must slide feet first and/or attempt to avoid contact at all bases. If a player slides headfirst or runs into or runs into a fielder without attempting to avoid contact, the player should be warned and deemed out if the behavior is not corrected.
28. Runs scored are recognized, but no score is kept.
29. Defensively coaches will occupy the outfield area or the infield area to coach the defensive players.
30. Offensively, coaches are allowed to work with the batter to offer instruction. However, one coach must occupy the dugout area at all times when the team is batting.

Fielding

31. All players must be placed in the field- in a baseball position- during the team's defensive inning. (1st, 2nd, Short, 3rd, pitcher, Right, left Center.) There should not be extra infielders or extra pitchers.
32. All players must play an infield position for at least one inning per game.
33. No player shall play the same position twice in any game.
34. The game shall be deemed "live" until the ball is returned to the infield in any manner.
35. The position of catcher is not used in this division.

Batting and Base running.

36. A continuous batting order will be utilized, and all batters present will bat each inning.
37. A randomized batting order should be used each inning.
38. Any player that arrives late can be placed at the bottom of the order.
39. No "on deck" batters.
40. No balls and strikes called and there are no walks.

41. Each batter will swing off the tee until a ball is put into play.
42. All batters and runners who are put out in the field will remain on the field to run the bases.
43. The last batter will be designated as the “home run” hitter, after the ball is put into play, all base runners will run the bases to home, including the last batter.
44. No leadoffs, no stealing. Runners must wait until the ball and bat contact before leaving the base.
45. A runner who leaves the base early will be corrected.
46. Runners can not advance on over throws at any base.
47. No runner shall advance to any base after a fielded ball has been returned to the infield.

Manager & Coach conduct:

“The actions of players, managers, coaches, umpires and league officials must be above reproach. Any player, manager, coach, umpire, or league representative who is involved in a verbal or physical altercation, or an incident of unsportsmanlike conduct, at the game site or any other Little League activity is subject to disciplinary action by the local league board of directors.” section XIV Little League “Green Book.”

48. All Coaches and Managers must complete a background check prior to being on the field, this includes all assistant coaches.
49. All Coaches and Managers must complete safety training and all required league trainings.
50. Managers are responsible for the conduct of all assistant coaches, players and team parents.
51. Crystal Lake Little League has a zero tolerance policy towards managers and coaches whose actions are abusive or threatening towards umpires, players, parents, coaches.
52. Managers that break the code of conduct, are subject to possible game suspension for the first offense. Any such action will be determined by the executive board and the division VP
53. Batting orders must be exchanged prior to the game start. Any player arriving after lineup exchange will be added to the bottom of the batting order. Failure to comply may result in forfeiture of the game.

54. Any manager who is thrown out of a game for any reason is automatically suspended for the next game, which includes coaching at any other level until the next game is completed.